

DHC

DANIEL HIGGS COUNSELLING

What I offer

What I offer is counselling of a Person-Centered nature. This means you are empowered to discover solutions to issues in a supportive environment. As a counsellor, I offer you my honesty and respect while we explore issues you feel you would like to bring to counselling.

I am bound by the Codes of Ethics and Practice of the British Association for Counselling and Psychotherapy (BACP).

Confidentiality

Sessions are confidential but there are boundaries and limits to confidentiality in certain cases.

Confidentiality may be broken if:

- You or others are, in my opinion, seem to be in danger or at serious risk of being harmed.
- I am required to do so by subpoena.
- You infer involvement in or knowledge of an act of terrorism or money laundering.
- You infer knowledge of or involvement in drugs trafficking
- You infer knowledge of or involvement in behaviours that may, in my opinion, lead to harm or neglect to children and vulnerable adults.

Supervision and confidentiality

I monitor my practice by attending regular supervision for myself and am committed to my self-development. There are times where aspects of our sessions will be taken to supervision to monitor my practice; at no time will your name or any identifiable information be mentioned, and my supervisor is also committed to our contracted confidentiality.

Records of sessions

Notes may be taken during and after each session, which will be kept in accordance with the Data Protection Act (1998). These notes will be securely stored, and I will discuss the disposal, retention or otherwise of any such notes at the end of our engagement. They are disclosed to no one other than the clinical supervisor unless required under a court of law subpoena. You have the right to inspect your records should you so wish, and this request will be fulfilled during a therapy session.

I may record sessions (audio recording) for purpose of self-evaluation and supervision. You will always be consulted before a recording is made and the client has the right to refuse that the session is recorded.

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Nonattendance

Should you cancel within less than the 48 hours' notice agreed or fail to attend an appointment: the full session fee will be charged.

My responsibilities as the Counsellor

- To be available at the agreed time and to start and end on time
- To offer a quiet, appropriate, and undisturbed space
- To maintain safe, professional boundaries
- To regard all contact and information as confidential unless he has reasonable doubt concerning the actual safety of the client or others
- To encourage client autonomy
- To work within the BACP Ethical Framework including regular supervision
- To review therapeutic work and the relationship regularly
- In the unlikely event of me needing to cancel, an alternative appointment will be offered.

Your responsibility as the client

- To attend punctually
- To give a minimum of 48 hours' notice when cancelling/changing an appointment (or the full fee becomes payable)
- To pay one session in advance then in full at each appointment
- Communicating with me outside agreed counselling sessions to be limited to making, changing, or cancelling an appointment.
- To be respectful to me and my property
- To agree to give permission to contact GP if I have serious concerns about the risk to self (client) or others
- To discuss with me when you feel you are ready to end therapy
- Let me know if you are in or are considering entering another therapeutic relationship.

Signed Client..... Date.....

Clients Mobile Number and address

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Emergency Contact Mobile Number and address

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